

NAILS

Handy tips and favorite picks from A-list manicurists



Sophia Bush shows off her squoval-shaped nails

SALLY HANSEN CUTICLE OIL

"Moisturizing cuticles is key to having good nails. You can carry this in your bag."

—Jin Soon Choi

- Maximum Growth Cuticle Pen & Nail Moisture Treatment, \$5.95; at drugstores

KISS FILE

"It's a staple. When I go to a shoot, I can use it on both artificial and natural nails."

—Patricia Yankee

- Fun File, \$1.19; at drugstores

TWEEZERMAN CUTICLE PUSHER

"It does a great job removing the layer of skin that grows up with the nail, which leads to longer-lasting polish."

—Eile

- Pushy and Nail Cleaner, \$16; at Sephora, 877-737-4672; sephora.com

4 Tips

- 1 KEEP THEM SHORT**
The season's bright polishes look best on short nails in a "squoval"—square with rounded edges—shape, says Hipp.
- 2 CHANGE IT UP**
For a new look in no time, brush a sheer pearly shade on top of your existing polish, says Lippmann.
- 3 GO THE DISTANCE**
To make a mani last, apply polish to clean, dry nails and reapply top coat every few days, says Choi.
- 4 STAY SMOOTH**
Says Perillo, file nails in one direction to avoid splitting.



CHANEL POLISH

"Chanel Allegoria is the perfect natural pink for every skin tone."

—Jin Soon Choi

- Nail Colour, \$19; 800-550-0005; chanel.com

QTICA GROWTH TREATMENT

"It really strengthens nails better than any other product I've tried."

—Donna Perillo

- Natural Nail Growth Stimulator, \$20; 800-659-6909; qtica.com

ZOYA POLISH REMOVER

"It's gentle and can be used as a nail cleaner before applying polish, which helps it adhere better."

—Donna Perillo

- Remove +, \$9.99; 800-659-6909; zoya.com

SPA RITUAL BASE COAT

"I love it because it's chemical-free and nontoxic."

—Jenna Hipp

- Lacquer Lock Colorstay Basecoat, \$15; fredsegalbeauty.com

It's Wacky BUT IT WORKS!

Use tooth whitener to remove stains. Apply a gel formula, like the Rembrandt Whitening Pen, to nail beds and let sit for up to 30 minutes, says Choi. Wash hands and moisturize.